

# Don's Letter

"Please...let me introduce you to my mind...one article at a time."



## FROM THE DESK OF DAN ANDERSON

#### Love's Power: A Teacher's Impact

Decades ago, a sociology professor tasked his students with a project in Baltimore's slums, where they were to predict the futures of 200 young boys. Each student concluded dismally: "He hasn't got a chance."

Fast forward twenty-five years, another professor stumbled upon this study and curiously followed up. Out of 200 boys, except for 20 lost to various circumstances, an astounding 176 had become successful lawyers, doctors, and businessmen. Intrigued by these unexpected outcomes, the professor sought to uncover the reason behind such remarkable success.

Each man shared a similar, emotional answer: "There was a teacher."

This teacher, still sharp and spirited despite her age, was then approached by the professor who asked about her secret formula. With twinkling eyes and a gentle smile, she simply said, "I loved those boys."

Thus, perhaps the most profound changes stem not from mere instruction, but from



genuine love. Indeed, sometimes, love is the key ingredient in transforming potential into reality.





(BPT) - Research reveals a fascinating truth: The anticipation of a vacation can boost your happiness, perhaps even as much as the vacation itself. Whether you're seeking serenity on sun-kissed beaches or cultural immersion and adventures in exotic locales, planning a stay full of memories is an integral part of the overall experience. Here are 5 tips to guide you in planning a vacation in 2024 that turns your travel dreams into a reality.

- **1. Define your ideal vacation.** Start by envisioning what you want from your vacation and stay experience. Is it lounging on a beach with a cocktail in hand, local cultural experiences such as exploring ancient ruins, or indulging in gourmet dining? Let your passions guide your destination choice. For a hassle-free, elevated experience, consider all-inclusive resorts that cater to a variety of ages and interests, ensuring that every day of your stay is as relaxing or as adventurous as you desire.
- **2. Choose the right resort.** The secret to an extraordinary vacation lies in where you stay, as it can make or break any trip. Families might seek resorts with kids' clubs and activities that can keep little ones engaged and entertained, while couples might prefer quiet pools and intimate dining. Hilton All-Inclusive Resorts, for example, offer family-friendly

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#### Cover story, continued...

properties and adult-only retreats with unique experiences that align with your vacation goals, such as cultural immersion programs like mezcal tastings and salsa lessons, to wellness options.

- 3. Consider timing and duration. The timing of your vacation is another key aspect to consider. Off-peak travel can provide more tranquility and booking options. Equally important is the length of your stay. Opting for a longer stay allows you to fully embrace a resort's offerings, from leisurely enjoying extensive amenities and activities to exploring the local culture and surroundings without feeling hurried. But don't overlook the appeal of a quick getaway to an all-inclusive resort, even in off-peak season. These resorts are adept at helping you get the most out of your hard-earned vacation time, regardless of your length of stay.
- **4. Seek all-in vacation experiences.** Nothing says vacation like a stay that offers everything you desire, and all-inclusive resorts provide just that through a seamless and simplified experience. Hilton's all-inclusive resorts around the globe combine gorgeous accommodations, gourmet meals, unlimited beverages, and a wide array of activities like water sports and premium entertainment. If taking in all of these experiences isn't enough, by ensuring you're signed up

for Hilton's award-winning guest loyalty program, Hilton Honors, you can earn Points for future stays and experiences while going all-in on your current stay.

**5. Leave room for spontaneity.** While planning is important, flexibility can add a layer of excitement to your vacation. For example, all-inclusive resorts offer a range of activities and excursions available on demand. You could wake up and decide to join a fitness class by the beach, partake in a cooking workshop, or embark on a last-minute snorkeling adventure. This flexibility can add an element of surprise to your vacation, making your stay even more memorable. Additionally, all-inclusive resorts often boast an array of dining venues, each offering distinct international and gourmet experiences. This variety allows you to be spontaneous with your dining choices, deciding on a whim whether to indulge in Italian delicacies one night or savor local seafood the next.

There is a whole calendar ahead of you, beckoning for new discoveries and moments that turn into cherished memories. Remember, where you stay is just as important as the destination, and with these tips as your guide, go ahead, mark your calendar, and start planning your all-inclusive all-extraordinary getaway at Hilton.com.

## Journey Home: The First USS Enterprise Model

The original model of the USS Enterprise from "Star Trek" has been returned to Gene Roddenberry's son, Eugene "Rod" Roddenberry, several decades after it went missing. Lost in the 1970s, the model resurfaced on eBay last year, leading to its withdrawal from sale and subsequent verification by Heritage Auctions, Dallas. The model was eventually authenticated in their Beverly Hills office after being found in a storage unit.

Rod Roddenberry, now CEO of Roddenberry Entertainment, expressed his intention not to keep the model as a personal memento but to restore and display it publicly, hoping it will be featured in a museum. The model is historically significant, used in the original pilot and opening credits of "Star Trek," and served as a prototype for the larger version displayed in the Smithsonian.

Heritage Auctions described the model as "priceless," emphasizing its potential high auction value and iconic

status within the "Star Trek" universe and broader pop culture. Rod Roddenberry recalled limited memories of the model from his youth and humorously dismissed rumors of its destruction in a childhood incident. The return marks a significant moment in preserving and celebrating "Star Trek" history.



## **Gems of Deception**

## A Victor Sage Mystery

by Dan Anderson

### Chapter 3: The Cipher and the Shadow

As the day drew to a close, Victor Sage and Clara Simmons made their way back to London from Hawthorne Manor, their minds teeming with the day's revelations. Despite the urgency of the case, the weight of exhaustion from a long period of investigation began to take its toll. Back at Victor's office, they reviewed their notes, the cufflink and the cryptic letter sent by the thief until the fatigue was undeniable.

Recognizing the need for a clear mind and fresh perspective, Victor suggested, "Let's call it a night, Clara. A few hours of rest will sharpen our wits. We'll return at dawn, fresh and ready to tackle whatever this thief throws our way next." Clara, though aware that sleep would be elusive with so many thoughts swirling in her head, agreed.

Fortified by strong coffee and their unyielding resolve the next morning, Victor and Clara returned to the manor. The crisp air and dew-soaked foliage seemed to sweep away the fog of the previous day, both literally and figuratively.

Upon arriving, they headed straight for the chapel. The insolent letter from the thief, tucked in Victor's coat, was momentarily forgotten as they entered the solemn space. The previous day, Victor had noticed a pristine fingerprint in the dust of the leather-bound Bible resting on the lectern—a clue that was both out of place and undisturbed, suggesting it might have been intentionally left for them to find. This morning, his first task was to revisit this clue, ensuring no detail was overlooked.

"Someone wanted us to find this, Clara. It's too conspicuous, too neatly placed. It's a message, or perhaps a misdirection," Victor mused as he examined the fingerprint again under the soft morning light filtering through the stained-glass windows.

Victor gently retrieved the Bible, careful not to disturb the fingerprint for a closer analysis later. It would unlikely lead to the thief, but at the very least, show the thief's intent in possible misdirection. Either way, it had to be explored.

Their investigation inside the chapel provided no further insights, but the

fingerprint reinforced their suspicion that the thief was taunting them.

Mr. Jenkins, the butler, approached with unusual briskness, disrupting the morning's calm. In his hand was a paper, cryptic in content and peculiar in appearance—worn as though touched by time. "I discovered this last evening," he disclosed, his excitement barely contained, "hidden among the leather-bound volumes in the library's most secluded alcove. It seemed deliberately placed, not merely forgotten."

Victor examined the paper. "It's a cipher, an interesting tactic," he mused, noting its artificially aged appearance, "for a thief to use a cipher that seems older than the crime itself. It could be a ruse to suggest a long-planned heist or to lead us astray with a false sense of age."

"So it's an old mask on a new face," Clara observed, her voice tinged with skepticism yet colored with intrigue.

Victor explained the nature of ciphers for the benefit of both Clara and Mr. Jenkins. "Ciphers are a method of writing codes, a time-honored practice in concealment. This one uses a substitution system, where symbols replace letters or numbers, veiling the true message."

"How does one start to decode such a thing?" Clara inquired, echoing her curiosity.

"One starts with frequency analysis, looking for patterns," Victor chuckled softly.

"Often, the most repeated symbol correlates to the most common letter in the English language. From there, it's a matter of linguistic detective work," he explained succinctly.

As Victor deciphered the message, he pointed out the modern touches that belied the cipher's aged look. "Notice the lack of wear on the folds and the freshness of the ink. It's a contemporary message, dressed in the guise of yesteryear."

With the cipher decoded, revealing a trail leading into the dense woodlands around the estate, Mr. Jenkins excused himself to attend to his duties, confident that the morning's discoveries were in capable hands.

Armed with the knowledge that the cipher was a modern creation cloaked in artificial

age, Victor and Clara ventured into the woods. Here, a scrap of tartan fabric confirmed their correct path, the fabric's condition a stark contrast to the cipher—undoubtedly fresh and recently placed.

Deeper within the woods, the remnants of a bonfire held the last secrets. Amongst the ashes lay charred pieces of what used to be paper—documents, perhaps? "It seems our thief has an affinity for puzzles and flame," Victor remarked, sifting through the remains with care.

It was then, in the midst of their examination, that a chill ran down Clara's spine—a sensation of being watched. Turning slowly, she scanned the tree line. From within the morning mist, a figure emerged silently but deliberately. The air thickened with suspense as the mysterious figure drew nearer, their approach marking a critical juncture in their investigation.

Victor, sensing Clara's tension, watched the newcomer with a steady gaze. "It seems," he said in a low voice, "that our search has attracted more than just clues."

As the figure stepped into the clearing, obscured partially by shadows and the morning light, the anticipation was palpable. Victor and Clara stood ready, the air charged with the silent questions poised on their lips. This moment of confrontation was not just a meeting; it was the weaving of a new thread into the intricate tapestry of their investigation.

(To be continued...)

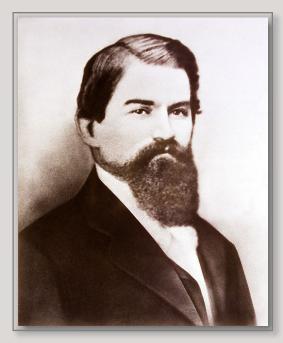
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Mr. Jenkins, the astute butler of Hawthorne Manor, carries a dignified air and a masterful knowledge of the estate's secrets. In his sixties, he pairs a sharp intellect with a keen eye, aiding Victor Sage with crucial insights into the brooch's theft. His discovery of the cipher marks him as an indispensable figure in the unfolding mystery.



## What They Didn't Tell You



In post-Civil War America, a certain pharmacist in Atlanta was blending up concoctions not in a grand laboratory, but in his own basement. He was not a doctor, though his products bore the title "Dr." on their labels. John Pemberton knew the impact of a title for selling his medicinal syrups.

Operating in an era when a local pharmacist might rival the knowledge of national drug producers, Pemberton concocted elixirs like "Dr. Pemberton's Globe of Flower Cough Syrup" and "Dr. Pemberton's Extract of Sty'linger Blood Medicine," promising cures for various ailments. Yet, his signature invention was yet to come, born under circumstances as unexpected as they were fortuitous.

Seeking a non-alcoholic alternative to the popular patent medicines of his time—which were typically laced with alcohol—Pemberton started experimenting with unique ingredients. His focus? A mixture containing

caffeine to stimulate the senses and, somewhat controversially, a bit of cocaine for its pain-relieving properties. Perhaps he aimed to cure headaches, or maybe even to provide relief from the hangovers caused by other less savory tonics.

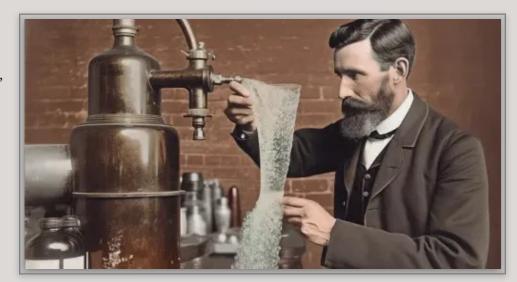
In the summer of 1886, this pursuit led him to create a new syrup that he decided to take to Jacobs' Pharmacy, one of the most respected drug stores in Atlanta. There, he suggested they mix it with water as a medicinal tonic. The sales were modest until a serendipitous error occurred—a novice clerk, not entirely familiar with the concoction, used carbonated water instead of still. This mistake transformed Pemberton's syrup into a fizzy beverage that quickly caught the public's fancy.

The new drink was an immediate hit, offering a refreshing fizz that was unlike anything else at the time. It rapidly gained popularity and was soon being sold regularly at the pharmacy. Despite its burgeoning success, Pemberton's health declined, and he never fully witnessed the global empire that his invention would spawn. He sold his share in the venture for a

mere \$2,000.

The drink, created from a simple pharmacist's error and a twist of fate, expanded beyond the boundaries of Atlanta, spreading across the United States and eventually around the world. That drink, which started as a medicinal tonic, is now known universally as Coca-Cola.

Now you know what they didn't tell you.



## DETAILING MASTERY



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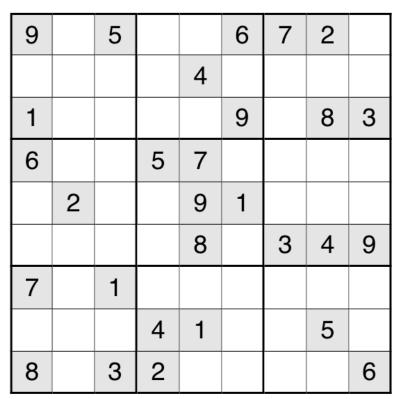
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## TAKE A BREAK!







#### Almond Crusted Chicken Bites with Honey Mustard Dip

#### Ingredients

1lb chicken breast, cubed

1/2 cup ground almonds

1/4 cup grated Parmesan cheese

1 tbsp Dijon mustard

1 tbsp honey

1 tbsp olive oil

Fresh parsley for garnish

#### Instructions

Preheat oven to 400°F (200°C). In a bowl, mix ground almonds, Parmesan, salt, and pepper. Coat chicken cubes in the almond mixture. Arrange on a baking sheet and drizzle with olive oil. Bake for 20-25 minutes until golden.

For the dip: Combine honey and Dijon mustard in a saucepan. Warm over low heat, stirring until smooth. Let it cool before serving. Serve the almond-crusted chicken bites with the honey mustard dip and garnished with chopped parsley.

Enjoy!



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## Welcome to the Newlook Body Works family!

We're thrilled to have new clients join us:

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Gerald Hampton
Conrad Pemberton
Rebecca Glickman
David Donald
Terry Roof
Klamente Bowers
Matthew Lustig
Talor Johnson

Joe McCulloch Jr.
Ryan Choi
Taquita Capers
Paul Elias
Frank Wirt
Kevin Starnes
Fernando Chappell
Alyssa Whittington
Guy Bradley

### A Doggone Good Dog Story

One day a dog walked into a butcher shop. The dog, who had a purse strapped to his neck, walked straight to the meat case and patiently waited his turn.

The butcher leaned over the meat case and said, "What'll it be today, Rover?"

The dog raised his paw and put it on the glass case in front of the ground beef.

"How many pounds?" the butcher asked matter-of-factly.

To this the dog barked twice. So, the butcher prepared a two-pound package of ground beef.

"Anything else?" the butcher asked.

The dog pointed to the pork chops in the case.

"How many?" the butcher asked.

The dog barked four times and the butcher made up a package of four pork chops. When the butcher was done, the dog walked behind the counter and the butcher took out the amount the dog owed him from the purse. The butcher tied the two packages of meat around the dog's neck.

The man who had been watching, and thought the dog remarkable, decided he would follow the dog out of the butcher shop. The dog walked for a while, then approached a house and began scratching at the door to be let in. The owner opened the door, and when she did, the man shouted, "Hey, that's a pretty smart dog you got there!"

"Yeah, well, he's not that smart," the woman said gruffly. "This is the second time this week he forgot his keys."